



## A/U RANCHES SUMMER YOUTH CAMP

# 2018 Planning Guide

## Greetings from the Ranches!

It's time to start thinking about and planning for Summer Camp 2018. We're grateful you have made the choice to send your child to camp where spiritual adventure awaits. We continue to plan new ways to make your child's camp experience better than ever.

The most important preparation we do is establishing the spiritual foundation for the experiences that will challenge your child, encourage them to pray, and give them opportunities to deepen their relationship to God. Everything we do is geared towards "Opening Windows to God" and we can't wait to share these experiences with you and your child.

This camp planning guide has been prepared to assist you in getting ready for camp. It will answer questions about what to pack (and to leave at home), transportation, laundry, mail, store accounts and lots more. After reading through the planning guide, if you have additional questions, please call us at 719.395.2468.

We look forward to seeing you soon,

*A/U Ranch Staff*

## Ranch Sessions & Banquet Dates

	Arrival	Final Day & Banquet	Departure
<b>Session 1:</b>	June 21	July 4	July 5
<b>Session 2:</b>	July 7	July 20	July 21
<b>Session 3:</b>	July 23	August 5	August 6
<b>1-Week:</b>	June 21 July 23		June 28 July 30

## Additional Forms & Information

Transportation and Store Account forms can be found in your CampInTouch record (your online registration). The following link will take you to your CampInTouch account (you will need your username and password):

[AdventureUnlimited.org/campintouch](http://AdventureUnlimited.org/campintouch)

For care packages and information on how to email your child, please go to our website at:

[AdventureUnlimited.org/youth-camp-101](http://AdventureUnlimited.org/youth-camp-101)

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## The Adventure Unlimited Purpose

To provide inspiring recreational adventure, leadership, service, education, and community activities which create an environment for spiritual growth and healing, where Christian Science is lived.

## Goals

These are the goals we are all working towards this summer.

1. To appreciate God and to be willing to turn to him in prayer.
2. To learn and develop adventure activity skills.
3. To develop connections and life-long friendships with fellow campers and staff members.
4. To provide an atmosphere in which each participant feels a sense of home.

## Metaphysical Theme for 2018

**...God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:**

—II Cor. 9:8

We invite you to join us in cherishing this idea as the foundation for every experience at camp this summer.

## Parent Orientation Webinar

We will have an online Parent Orientation Webinar in May (available two different times). We will email families with more information when the dates are set.

## Preparing for Camp

### SPIRITUAL PREPAREDNESS

Developing a spiritual foundation is the most important part of preparing for camp. When Cap and Marianne Andrews founded Adventure Unlimited, this passage from Mary Baker Eddy's writings was at the core of camps' purpose; "We live in an age of Love's divine adventure to be All-in all." (*Miscellaneous Writings*, p. 158) More than anything else, camp is about experiencing a genuine recognition of how Christian Science is practical and useful. In preparation for camp, we encourage you to study the Bible Lesson as a family and to talk with your child about what they want to focus on spiritually while at camp. If your child has concerns about camp, include them as you prayerfully address the concerns, including working with a practitioner. We are happy to connect you with the camp practitioner for their session. Thoughtful preparation will open the door to a deeply meaningful camp experience full of fun and adventure.

We ask you to join us daily in nurturing the wholeness and holiness of your camper while they are here. Stay Tuned for more details about a new Adult Prayer Watch each session.

### PRACTICAL PREPARATION & TRAINING

Along with your camper's spiritual preparation for camp, it's helpful to get physically ready for the hikes, rides, swimming\*, or climbs they will be doing. Help them keep their training in the proper perspective of not trying to improve matter, but as a way to exercise spiritual qualities like dominion, strength, grace, endurance, balance and harmony.

**\*Note: all campers will be required to take a swim test.**

## Healthcare While at the A/U Ranches

### OVERVIEW OF CAMPER CARE AT YOUTH CAMP

1. Every incident with a camper is responded to immediately with prayer and care.
  - a. Campers must be prepared for responding with prayer by having exposure to Christian Science and an understanding of what turning to God in prayer means.
  - b. Camp staff provide basic first aid for campers.
  - c. Camp does not administer any type of medication, prescription or over-the counter, to any camper. Campers should not bring any medications with them.
2. Christian Science practitioners provide specific Christian Science treatment to campers to find healing.
  - a. Campers should know what a Christian Science practitioner is and what s/he does and be willing to work with a Christian Science practitioner at camp. Having worked with a Christian Science practitioner in the past is not required.
3. Campers who require extended care or specific Christian Science nursing care are taken to the care facility, Highview. The Christian Science nurse provides immediate care.
  - a. A phone call is made to parents to alert them to the camper need, include them in the prayerful work being done, update them on practical care being given (e.g. cleaning of wounds, rest, etc.) and discuss appropriate next steps for care.
  - b. Communication with the parents continues until the situation is resolved.
4. If care beyond the Christian Science nurse is desired, the parents and Ranch Director will make necessary arrangements.
  - a. Campers may continue to be at camp and continue to seek healing, as long as no medication is required.
  - b. If a situation arises in which a parent would like to pursue an extended medical solution to a problem, the parents will work with the Ranch Director to determine appropriate steps for caring for the child outside camp.
5. In a life-threatening emergency, emergency medical care is provided (as required by the state of Colorado).

### IN THE CASE OF AN EMERGENCY

If a camper is involved in an emergency situation that appears life threatening, Colorado law stipulates we provide medical care. The camp practitioner will also continue spiritual treatment since the medical care is mandated. You will, of course, be contacted immediately and will help guide A/U Ranches personnel in providing the necessary care.

If you have any questions about Colorado law please contact Linda Kellogg-Clarke at the Ranch Office 719.395.2468 x101.

# Important & Helpful Info

## BIBLE LESSON BOOKS

Becoming familiar with our Pastor and learning how to mark our books is a wonderful opportunity at camp.

We ask each camper to bring a set of books: Bible and *Science & Health* to camp so we can help teach campers about marking their books and having a relationship with their Pastor. E-book readers, while able to contain both books, don't allow us to mark the lesson and will be collected and kept safely during camp.

If your child does not have a set of books, you can check with local Reading Rooms and Sunday Schools to borrow books, if needed. Post-it type notes make inexpensive markers.

Campers are welcome to bring, along with their books to mark, "myBibleLesson" or a full-text version of the Bible Lesson to keep with them in their backpacks and take on their trips.

## MODESTY IN CLOTHING / RESPECT OF OTHERS

All clothing worn at the A/U Ranches, from swimsuits to dance outfits, needs to be modest in style and cut. Campers will be asked to change if their clothing is inappropriate or impractical for camp. Modesty in dress plays a part in having an environment where friendship and spiritual qualities, more than physical qualities and romantic relationships, are the focus.

We strive to uphold a standard of dress that expresses modesty in presentation and respect for others. We recognize that clothes fit everyone very differently. We ask parents and campers to be thoughtful about clothing items like tank tops, spaghetti straps, V-neck shirts, shorts, skirts, yoga pants, saggy pants. Please ensure clothes are appropriate for camp and not a distraction for others.

We do have a few clear guidelines: Shorts must be a length that is at least to your knuckles of a closed fist with your arms at your sides. Skirts and dresses must be at least to the ends of your fingers with an open hand. No cleavage. No bare bellies (except if swimming). Campers will be asked to change if their clothing is a distraction to others.

## BATHING SUIT POLICY

**Girls/Women:** Appropriate swimwear is board shorts or swimsuit shorts and a jog bra/athletic-type or tankini top, or a one-piece swimsuit. No bikini bottoms and string bikini/bra-type tops may be worn while at camp. This has to do with a desire for modesty in our camp setting and the athletic nature of our program activities.

**Boys/Men:** Board shorts or trunks (no Speedos).

*If you have any questions about this policy, please feel free to call.*

## LOST & FOUND

Please label all personal items. A/U is not responsible for any lost or damaged items. Campers may want to bring a list of items they have brought to camp to help them when they

re-pack for home. Taping this list inside the top of your child's suitcase or attaching it to their bag will ensure it does not get lost while at camp. Even though A/U can't be responsible for lost items, we want to help you recover items left or misplaced at camp.

In order to simplify our lost and found process, and to better reflect the actual cost of returning items left at camp, we will charge a flat fee of \$15 for any item(s) you request to be returned. This rate includes the shipping and handling cost. Please email Joy Strickland (Joy@adventureunlimited.org) as soon as you know you are missing items. We respond as soon as possible within the constraints of camp. Many lost items don't appear until the end of the summer. We do take requests for items thru September. In October all remaining items will be donated to the local charity. Due to the tremendous amount of items left, we will not be able to contact you regarding found items, even if they are labeled.

## LAUNDRY

Laundry for campers is done mid-session by private laundry service. The fee is part of your tuition costs. Each camper's wash is done as one load, not sorted by colors and whites. All items are put in the dryer on high heat. Keep this in mind while choosing what to pack. Additionally, campers staying for more than one session will do their own laundry in town, supervised by staff, between sessions. Please be sure to send a laundry bag with draw-string closure, clearly labeled on the outside with the camper's name. Please, no mesh bags.

NOTE: At Sky Valley, laundry goes out on the 7th day of camp and comes back on the 8th day, (right before trips). At Round-Up, laundry goes out on the 8th day of camp (right after trips) and comes back on the 9th day.

## RENTAL ITEMS (OUTCAMP)

- Sleeping Bags: \$10/session
- Backpacks: \$10/session
- Sleeping Pad: no charge

If your child arrives at camp without the required clothing on the packing list, s/he may need to rent those items from Outcamp. *Items may not be available.* Campers will be charged for unreturned items. Campers will need camp store credit for rental items.

## CAMP STORE

The average camper spends approximately \$75 in the Camp Store per session. Sky Valley and Round-Up have separate Camp Stores which sell A/U souvenirs, clothing, cameras, sunscreen, stamps and other personal items. When you set up a charge account, you should set limits (we suggest \$75 minimum) per session, per camper. ALL campers at Sky Valley and Round-Up will need to set up a store charge account. This will be how they will pay for rented outcamp items (sleeping bag and backpack) and buy items at the store. Please set up your child's store account in your online CampInTouch account:

[AURanches.org/campintouch](http://AURanches.org/campintouch)



When you set up your camper's store account, **your credit card will be charged the amount you set their account for**, which means they will start with a credit of that amount in the store account. As they purchase items they will draw from that credit. You will be able to go into your CamplnTouch record and see how much they have left, as well as see what they are purchasing. You can also replenish their account, if needed, from your CamplnTouch record. If there are funds left from the store account we will apply the credit towards any unpaid tuition on your account. If your account is paid in full, we will credit it back to your credit card account.

## MONEY & VALUABLES AT CAMP

All travel money, wallets, and airline tickets will be collected upon arrival and will be kept secure for your child's departure. **REMINDER: Your camper needs meal money for the airport on both arrival and departure days.**

## TUITION PAYMENT

Tuition is due on May 1, 2018 (contact info is on the last page of this guide).

## Communications to Parents

We strive to be in contact with you so that you are as up-to-date as possible on your child's experience at camp. Please call the Ranch Office if you have questions at any time about your child's experience. Here are the ways we will be in touch:

**Parent Webinar:** Twice in May we will host a phone-in webinar orientation to give you an overview of the camp experience. (The dates and times will be posted on our website and emailed to families with child enrolled in camp.)

**Parent Information:** Will be on our website prior to the start of camp, packets include letters from program counselors.

**Phone Calls:** Your child will call you when they arrive at the airport to notify you of their arrival and in between sessions if they're staying over.

**Letters:** Your child will write at least two letters home during the session, so please send them with 2 self addressed, stamped envelopes. Mail often takes a whole week to reach you, so be patient, please! One may even arrive after your child has come home.

**Website:** We update our website ([AURanches.org](http://AURanches.org)) with a picture of each bunkhouse and program after the first full day of camp, and then with "candid" shots from around camp throughout the session. Check back regularly.

**After Session Packet:** After the session has concluded, we will send a packet of information that will include Camper Notes—notes on your child's participation in the bunkhouse and their major program area.

## Writing & Calling Campers

### SNAIL MAIL

Address your letters and packages to:

Camper's Name, 2036  
Ranch (Sky Valley or Round-Up)  
A/U Ranches  
18325 County Rd. 366  
PO Box 2036  
Buena Vista, CO 81211-2036

Our address must be written in this order, **with both road and PO Box**, to ensure delivery with any carrier. Mail to and from Buena Vista takes one week. Please keep this in mind when sending your mail to camp before your camper's departure day and alert friends and family who may be sending mail.

## CARE PACKAGES

Each camper may receive a maximum of one care package while at camp. Please coordinate among your family members who will be sending the care package. **Note: care packages cannot contain food due to wildlife concerns.** The A/U Ranches website has a special camp care package service for your convenience.

## EMAIL

Feel free to email your camper with our free email service. This service has no special features, so please don't include any attachments or images. Emails will be printed in black and white once a day, in the morning and delivered that day.

Send emails to: [campers@adventureunlimited.org](mailto:campers@adventureunlimited.org) and the subject line MUST include: Camper's first and last name, Session and Camp (RUR or SVR) they are attending.

## TELEPHONE CALLS

To increase the quality of the camp experience, phones are not available to campers for incoming or outgoing calls during camp sessions. Experience shows that campers who speak with family and friends have difficulty adjusting to the camp environment.

If your camper is flying and/or staying between sessions, be certain to send them with a mobile phone. Upon their arrival at the airport, your child will call you to let you know they are with camp staff. Campers staying for more than one session will also call home between sessions. Phones will be kept with the Camp Directors during camp and returned on departure day (see p. 9).

If there is a situation that can't wait until after camp that you feel warrants communication with your child, please call the Ranch office to set up a time to talk with your child. As always, we will contact you if there is a situation that warrants your attention (such as an illness or injury).

## ADDRESSING HOMESICKNESS

First and foremost, we invite you and your family to join us in praying to know that the belief of homesickness is no more real than any other belief of sickness. Campers and families need not feel any sadness during a camp session. We are all moving, thinking, and acting in harmony with our Father-Mother God; there can never be any separation between God and Her idea; and there is no greater joy than being about "our Father's business". When this belief shows up at camp, we-cabin and program staff, camp directors, and camp

practitioner-address this belief with a prayerful approach. From a practical standpoint, we have observed over the years that campers struggling with homesickness who receive daily emails, letters, and care packages-reminders of home-have a more difficult time being present at camp and enjoying all of the good that is going on around them. Additionally, notes that emphasize all of the fun experiences happening at home or draw attention to just how much a camper is missed tends to magnify any feelings of homesickness. Before camp, it can be helpful to talk about how you plan to be in touch. Some campers benefit from knowing how often you plan to communicate. For example, it may help to explain that you won't be emailing them daily because you hope they'll embrace their camp experience.

At camp if a camper has a strong desire to connect with a family member over the phone, a preliminary phone call between camp director and family will happen first. The camp director and family will talk through the situation and decide if the camper should call home.

## Travel Instructions

### TRANSPORTATION CONFIRMATION

Once you have made your travel arrangements, please fill out the transportation form located in your online CampInTouch account. Note: After you have filled out this online form it will not need to be printed and sent to us. All the information will be sent to us electronically after it is submitted.

If your child is flying and reserving a space on the shuttle, the shuttle fee is not refundable should you decide on another option. We rent buses and vans according to the

number of people using them. It is a flat rate that is non-refundable to us should the numbers change. Thanks for your understanding. We ask that you fill out the form, **EVEN IF YOU ARE DRIVING**. We need to account for every camper's arrival and departure.

> **Your child is not confirmed for camp until this is received.**

### DRIVING TO THE A/U RANCHES

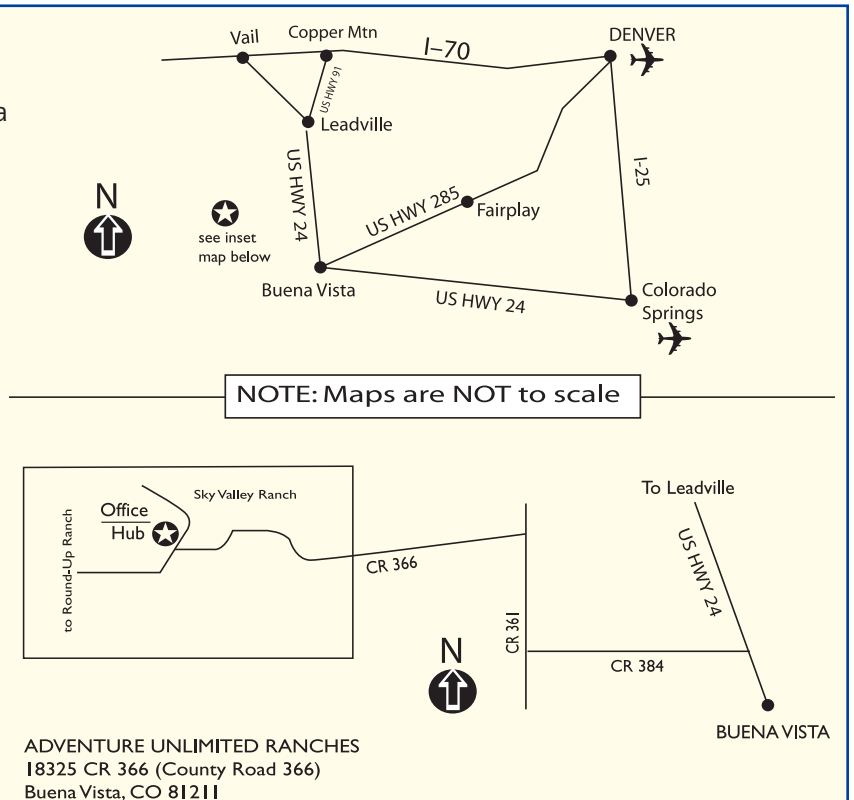
Please plan to arrive between 2:00 PM and 5:00 PM on the first day of the camp session. (Counselors will not be available before 2:00 PM.) Drive-away departures should be between 7:00 AM and 8:00 AM on the last day of the camp session. If you are picking up your child from a **1-Week Session**, please pick them up by 9:00 a.m. If you arrive early you are welcome to have breakfast. All parents/guardians must check in and out at the office. If your child will be departing by car with a family that is not his/her own, please mail or fax a permission slip with your (the child's parent/guardian) name and signature.

When you arrive at the A/U Ranches on the first day, please check in at the office-follow signs for "the Hub" as you come onto the property. Full time staff will welcome you and direct your child to the right place. If you arrive earlier than 2:00 PM, enjoy some of the many points of interest near the A/U Ranches. In downtown Buena Vista there is the River Park, South Main, and many gift shops and restaurants, as well as hiking trails along the river. Leadville, a historic mining town 40 miles north of A/U, has many fun activities suitable for all ages. Salida, a town about 40 miles south of A/U, is a thriving artist community with galleries, good restaurants, and a state park. Call the Colorado Tourism Board at 800.433.2656 or the Buena Vista Chamber of Commerce at 719.395.6612 for more information.

## Driving Maps to the A/U Ranches

Directions from Denver International Airport to Buena Vista:

- Exit the Airport on Pena Blvd
- Take I-70 West
- Exit on to C470 (towards 285)
- Exist onto 285 (towards Fairplay)
- Turn right after Johnson Village at 285/24 intersection towards Buena Vista
- Go through Buena Vista to County Rd 384 and turn left (at big yellow Jumpin Goats Dairy sign)
- Then go to the first (and only) stop (CR361) and turn right. **A/U is the very next left.** You will see the cross bar over the drive to the Ranches. Follow the signs to the Hub/Ranch office (approx. 2 miles from the gate) to check in.



## FLYING & FLIGHT TIMES

Campers fly in and out of **Denver International Airport (DEN)**.

**Arriving Flights:** should be scheduled to arrive between 8:00 AM and 12:00 PM (noon) on the first day of the camp session. If your camper is booked on a flight that lands after noon, depending on the availability of staff, we may be able to provide transportation for an additional \$100 fee.

**Departing Flights:** should be scheduled to depart between 12:30 PM and 4:00 PM on the last day of the camp session. Because of the travel time necessary to get to the airports and negotiate security check-in procedures, we are unable to make flights scheduled earlier. If you book a flight that departs after 4:00 PM, you will be charged an additional \$100 fee. (Our staff has a long drive back to the A/U Ranches and they don't leave the airport until every Sky Valley camper is on their plane.)

**Departing Flights for 1-Week Sessions:** If you are picking up your child and driving home, please pick them up by 9:00 AM. If you arrive early, you are welcome to have breakfast.

**Departures for Sky Valley Campers:** A staff member will take your child to the gate, board your child, then wait until the plane has left the tarmac before leaving the gate. Should there be any delays the staff member will be in contact with you and we will remain at the airport with your child until their flight departs. If the flight is rescheduled for late in the evening we will have one of our full time staff members from our Denver office assist your child in getting on the flight so our staff can come back to the Ranches.

**Departure for Round-Up Campers:** our staff will check campers in, and take them to Security, at which point they will go to the terminal and gate. Teens will be given a list of staff phone numbers for help, if needed, and are asked to call the staff when they have arrived at their gate. Denver staff will be available to help campers if flights are significantly delayed or canceled. If your teens are not comfortable going to the gate alone, we can have a staff member take them. Please call the camp office before booking your tickets if the flight times present a problem for you.

**Peak Travel Experience:** Peak is a travel agency in Buena Vista, CO. They have the A/U camp dates and can help book your flights and coordinate your camper to get on the same flights as other A/U campers, possibly even seated together. They will do their best to find an affordable rate. Please call them at 719.395.8677 (x403, Sue or email sue@peakexperiencetravel.com) and identify yourself as an A/U participant.

## AIRPORT ARRIVAL INSTRUCTIONS

1. Please have your camper wear an A/U T-shirt or sweatshirt, if they have one.
2. If your child is flying as an "unaccompanied minor," use the name of Cami Jamerson (at the A/U Ranches address) as the pick-up contact on the airline's form. Please pay the unaccompanied minor fee for both trips when you buy your ticket or at the ticket counter when you check your child in.

3. When arranging flights for your child on an airline that charges for checked luggage, please prepay for return flight(s) as well.
4. **All Sky Valley Campers**, regardless of age, will be met at the gate by an A/U staff member unless they are traveling with a Round-Up camper and we have your permission for them to proceed to the escalator to meet our staff. A/U staff will be wearing A/U shirts. Ask your child to approach and identify themselves to the staff member when they walk off the plane. If, for some reason, they do not see the staff at the gate, instruct them to stay at the gate and sit in the gate area facing the hallway—someone will be there to meet them.

5. **Round-Up Campers** will not be picked up at their gate unless a specific request is made or they are travelling with younger campers.

Please have your teen carry a cellphone, and list their cellphone number on the A/U Transportation Form which can be downloaded from our website. (See "Airport Arrival Instructions" for more information.)

6. **Round-Up Camper Instructions upon Arrival.** After exiting the plane, follow signs to Baggage Claim/Main Terminal. Take an escalator down to the underground train. Take the train to the last stop - "Baggage Claim/Main Terminal". After exiting the train, go up the escalator to the Main Terminal and look for an Adventure Unlimited staff member. Once you have checked in with our staff and collected your luggage, the group will congregate near baggage carousel #19 in the northwest corner of the main terminal.

## A/U SHUTTLE INFORMATION

Charges for use of the A/U airport shuttle will be posted in your CampINTouch online account and can be paid online via a credit card or echeck, or you can mail a check to the Ranch at: P.O. Box 2036, Buena Vista, CO 81211 Attn: Cami Jamerson. The cost of the shuttle for flights booked within the Flight Times are as follows:

- \$55 for a one-way trip
- \$95 for a round-trip

## CASH FOR THE TRIP

It's a 3-1/2 hour ride between the Denver airport and the A/U Ranches. Campers should bring money for a fast-food lunch on arrival and departure days. International travellers should bring additional money to cover meals during their extended travel days.

## Join Us for Family Day at Camp

As family and friends of a camper, you are invited to be our guest for the final day of camp to enjoy a full day of activities.

The final day of camp we hold Culminating Activities to highlight the skills development and growth of campers within their majors. The corral campers participate in our traditional **Rodeo** as their culmination activity for the session. And Sky Valley mountain and water campers participate in the **Mountain Madness event**, highlighting their



skills running, swimming, climbing and canoeing. It's also a time for you to meet your child's counselors and friends and attend the final banquet and awards night.

## FAMILY DAY SCHEDULE & DATES

Session 1:	Session 2:	Session 3:
July 4	July 20	August 5
10 AM	<i>Final Rodeo @ Rodeo Arena</i>	
12:30-1:15 PM	<i>Lunch for Families &amp; Guests @ Wyly Camp Stores Open (during afternoon)</i>	
1:30 PM	<i>Mountain Madness Start @ Wyly</i>	
3:00-4:00 PM	<i>Refreshments &amp; Visiting w/ Exec Staff @ Wyly</i>	
5:20 PM	<i>Flag Retreat and Sharing Gratitude @ Sky Valley Flag Pole and Fire Ring</i>	
5:50 PM	<i>Flag Retreat and Sharing Gratitude @ Round-Up Flag Pole and Fire Ring</i>	

Banquet dinner, parents reception, slideshows and final presentations at both Camps following flag retreat.

Both camp stores will be open at some point in the afternoon for you to shop. Check for specific times on the schedule when you arrive. After the camp festivities with the campers, you are invited to a special reception to visit with A/U's Executive Director and Ranch Director before heading into Buena Vista for overnight lodging. We're sorry there are no accommodations available at the A/U Ranches for overnight lodging after the banquet, but there are hotels, airbnbs and VBROs in the area.

We look forward to meeting you and spending this special evening together. Please make your plans now to join us; making reservations early is a good idea as they can fill by mid-spring for the summer season. There is no fee for attending these events and meals. PLEASE RSVP so we can count you in for meals. We will email you the link to the reservation form as the time gets nearer. We need to know the names of those attending and at which ranch you will be joining your child for dinner.

Arrival time for the banquet begins at 5 PM - the evening activities start with flag retreat at each camp. Check in at the office when you arrive. More information on the banquet will be included in the parent information posted online prior to the start of your camper's session.

Bring water and dress in layers so that you will be comfortable if it's windy or hot. You'll have plenty of time to head back to your hotel to freshen up before the 5:00 PM arrival time for the banquet, which is a slightly more formal affair.

## Lodging in the Buena Vista Area

### HOTELS, MOTELS & LODGES

**Best Western Vista Inn** – 800.809.3495 / 719.395.8009  
Includes breakfast, non-smoking rooms, indoor pool, hot tubs, pets ok.

**Super 8 Motel** – 719.395.8888  
Includes breakfast, non-smoking rooms, indoor pool & hot tub.

**Pinon Court Motel** – 719.395.2433

Kitchen, non-smoking rooms, pets ok.

**Thunder Lodge** – 719.395.2245  
Kitchen, non-smoking rooms, pets ok.

### BED & BREAKFASTS

**Forest Creek Cabins** – 719.395.4819  
Private bath, owned & operated by A/U alumnus.

**Liar's Lodge** – 719.395.3444  
Private bath, some rooms good for families, some rooms have Jacuzzis.

**A Bed on the Arkansas** – 719.395.2528  
Private bath.

**Hahns Haven** – 719.395.8432  
Private bath or shared bath, child of all ages ok, pets ok.

**Buffalo Peaks B&B** – 719.395.3313  
Private bath, wireless and full breakfast.

There are many more hotels, airbnbs and VBROs in Salida, about 40 minutes to our south, and Leadville, about 40 minutes to our north. You can call the Chaffee County Lodging Association (covers Buena Vista and Salida) at 719.539.8822 for more information and suggestions.

## What to Bring

### OUR WEATHER IS COOL!

Bringing the proper clothing to camp is crucial. The mountain environment where we are located and the surrounding peaks are characterized by changeable weather conditions. In general, nighttime temperatures are a cool 40's to low 50's. The daytime highs can range from the 60's to low 90's, but most typically top out at about 80-85. The air tends to be very dry, but regular afternoon thunderstorms do occur. It can also snow any time in the high mountains. Our clothing list takes into consideration ALL the weather conditions you may be exposed to at camp.

### IT'S ALL IN THE LAYERS!

When gearing up for being in the back country, it's best to understand the importance of the clothing "layering" principle. Simply put, dressing in several light layers rather than one heavy layer allows more flexibility as the weather and activity change. Wool, polar fleece, polypropylene, and Capilene insulate when wet. Cotton does not. Synthetics are more comfortable than wool next to the skin. Some of you live where you won't use these layers at home, but every item really is necessary at camp.

Do not feel that you must buy all your child's gear at camping stores. Thrift shops, Goodwill, and Army/Navy surplus stores can be excellent sources for many of the items on the list. Please call us with any questions you have regarding gear.

## Mail & Web Ordering Companies

REI: [www.rei.com](http://www.rei.com)

EMS: [www.emsonline.com](http://www.emsonline.com)

Patagonia: [www.patagonia.com](http://www.patagonia.com)

# Required Items for ALL Campers

Items marked with an asterisk (\*) are available for purchase from the camp store. One-week campers do not need to bring a sleeping bag.

## PERSONAL ITEMS

- 1 Bible and *Science & Health* Markable with markers; chalk available at camp to remark books mid-session
- 1 laundry bag With draw-string closure, name clearly printed on bag (not mesh)
- 1 ice cream money RUR campers only – \$5 is plenty
- 1 daypack Use for items needed during the day
- 2 water bottles\* 32 oz with screw top lid
- 1 flashlight\* or headlamp Small, camping size, with extra batteries
- 2 home letters Pre-addressed, stamped envelopes or postcards/stationery with stamps and pen/pencil
- 1 toiletry kit Toothbrush, toothpaste, soap, comb
- 1 lip balm\* Minimum 10 SPF sun protection
- 1 sunscreen\* Minimum 30 SPF sun protection
- 1 hand/body lotion
- 1 shampoo, conditioner
- 2 bandanas\*
- 1 pair sunglasses With keeper strap
- 1 packing list To make sure you get it all back home!

## BEDDING/BATH (A/U will provide: • Pillow • Blankets • Mattress pad)

- 2 washcloths
- 2 towels If in Waterfront or Rafting an extra (3rd) towel is recommended.
- 1 sheet set Twin; 1 each, fitted and flat, or 2 reg. flats
- 1 pillowcase
- 1 sleeping bag (2-week campers only) Down or synthetic – rated warm to 20°F (can be rented from A/U for \$10)

**NOTE:** All campers need a sleeping bag on the overnight trip. If brought from home, we will be sure it is adequate to keep your child warm; if not, they will need to rent one. Camping pad can be borrowed from A/U at no charge.

## CLOTHING

- 3 cotton pants Jeans or other pants
- 4 shorts At least one pair should be quick drying or synthetic
- 1 swimsuit(s) Quick-drying synthetic – **must be compliant with Bathing Suit Policy** (see p. 3)  
(if in waterfront or rafting 2 swimsuits can be nice)
- 8-10 cotton t-shirts\*
- 1 sweatshirt\* Wool, fleece, cotton blend
- 1 fleece vest (Optional)
- 1 lightweight jacket Fleece or wool sweater
- 1 warm jacket Fleece or synthetic fill
- 2 long-sleeve shirts\* Cotton okay
- 1 long underwear Light or medium-weight top & bottom – thermal Polyester/Capilene/Thermax, silk or similar – NOT COTTON
- 10 underwear
- 8 pair cotton socks
- 4 pair warm socks Wool or poly blend (no cotton - Smartwool is a good brand; REI brand is usually cheaper)
- 1 pair pajamas
- 1 rain jacket or poncho Waterproof (not water repellent); poncho must be of Army/Navy surplus quality
- 1 rain/wind pants Nylon or gortex
- 1 baseball-style cap\* To keep sun off the face
- 1 warm hat Wool or fleece, for chilly evenings
- 1 pair gloves Wool or fleece
- 1 nice outfit For banquet

## FOOTWEAR

- 1 athletic shoes Running or tennis-style
- 1 slippers, clogs To wear around the cabin
- 1 river sandals or water shoes Teva, Chaco brand sandals or water shoes



## PLEASE DO NOT BRING:

<b>E-Book Readers</b>	Please do not send e-book readers for your campers to use in the cabin for pleasure reading. They will be collected with electronics on the first night, stored safely away and returned before heading home
<b>Large knives or weapons</b>	Small pocket knives with a maximum blade length of 3 inches are allowed (remember don't bring them in your plane carry-on); larger knives will be collected and sent home COD
<b>Fireworks</b>	Will be taken and not returned
<b>Pets</b>	Are not allowed

**Please Note:** cell phones, MP3 players, iPods, laptops, iPads, eBooks, electronic games or electronics of any type brought for plane trips will be locked up for the duration of the camper's stay at A/U and returned before departure day.

## Items Required by Major *(Items are in addition to required items listed on page 8)*

### BUCKAROOS & HORSEMANSHIP (SVR & RUR)

<input type="checkbox"/> 1 pair riding boots	Required for safety, no exceptions – One inch heel, smooth (no lug) sole
<input type="checkbox"/> 3+ pairs riding jeans	
<input type="checkbox"/> 1 poncho or long rain slicker	Must be of Army/Navy surplus quality
<input type="checkbox"/> 1 Western-style shirt	To wear on Rodeo Day
<input type="checkbox"/> 1 cowboy hat	(Optional)
<input type="checkbox"/> 1 pair white jeans	ONLY for RUR campers in Polocrosse – need for tournament

### WATERFRONT & RAFTING

<input type="checkbox"/> 1 waterproof sunscreen	SPF 30 or higher
<input type="checkbox"/> 2 swimsuits	
<input type="checkbox"/> 1 beach/large towel	In addition to two towels from required list
<input type="checkbox"/> 1 long underwear shirt	Wool or fleece to be worn on the river – NOT COTTON
<input type="checkbox"/> 1 paddle jacket	(Optional)

### MOUNTAINEERING (EXPLORERS, MOUNTAINEERS, CHALLENGERS, CHALLENGER OUTCAMP, MOSAICS & CONQUERORS)

<input type="checkbox"/> 1 fleece jacket	
<input type="checkbox"/> 1 rain jacket	
<input type="checkbox"/> 1 rain pants	
<input type="checkbox"/> 1 hiking boots	Can be leather, synthetic or a combination
<input type="checkbox"/> 1 backpack	(Optional) can rent from A/U for \$10
<input type="checkbox"/> 2 pair liner socks	Synthetic, no seams along top of toes
<input type="checkbox"/> 1 add'l long underwear	Top & bottom-not cotton
<input type="checkbox"/> 1 pair gaiters	(Optional)
<input type="checkbox"/> 1 pair hiking pants	Not cotton
<input type="checkbox"/> 1 swimsuits	For Challenger dip

### KAYAKING

<input type="checkbox"/> 1 beach/large towel	In addition to two towels from required list
<input type="checkbox"/> 1 pair shorts	Quick-drying, swimsuit style
<input type="checkbox"/> 1 long underwear top	Additional, non-cotton base layer
<input type="checkbox"/> 1 paddle jacket	Or dry top – Stohlquist, Patagonia, Kokotat, etc.
<input type="checkbox"/> 1 pair kayak booties	Water sandals aren't appropriate for kayakers

### MOUNTAIN BIKING

<input type="checkbox"/> 1 mountain bike & helmet	Can be rented from A/U for \$150
<input type="checkbox"/> 1 bike shorts	
<input type="checkbox"/> 1 hydration system	Camelbak brand or comparable
<input type="checkbox"/> 1+ water bottle(s)	To have on bikes
<input type="checkbox"/> 1 biking gloves	(Optional)

**OPTIONAL ITEMS TO BRING:** Climbing shoes • Soccer cleats • Camera • Musical instruments • Camping chair (Crazy Creek) • Pocket Knife (max blade length 3") • Flip-Flops (shower) • Ziplock bag (sunscreen) Bug Spray

## Contact Us

### VISIT OUR WEBSITE

It's a great place to find out what's going on, get an extra "what to bring list," and info about A/U and DiscoveryBound activities in your area:

**AURanches.org**

During the summer, we will load photos of camp onto the site so parents, family and friends can see what's happening.

### GIVE US A CALL

After looking through this guide, if you have any questions, please don't hesitate to call us. We can be reached at:

**719.395.2468**

# We're looking forward to seeing your child soon!



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Adventure Unlimited provides recreational adventure, leadership, service, education and community activities that foster spiritual growth and healing in an environment where Christian Science is lived.



All or part of this operation is conducted on Public lands under a Special Recreation Permit from the Department of the Interior BLM.