Greetings from the A/U Ranches!

It’s time to start thinking about and planning for Summer Camp 2015. We’re grateful you’ve made the choice to send your children to camp and join in the spiritual adventures this summer. Since camp ended last summer, we’ve been planning ways to make your children’s camp experience this summer the best that it can be.

The most important preparation we do is establishing the spiritual foundation for the experiences that will challenge your children, encourage them to pray, and give them opportunities to learn more about their relationship to God. Everything we do is geared towards “Opening Windows to God” and we can’t wait to share that with your children and with you.

This camp planning guide has been prepared to assist you in getting ready for camp. It will answer questions about what to pack (and to leave at home), transportation, laundry, mail, money and lots more. After reading through the planning guide, if you find you have additional questions we can answer, please call us at 888.543.4849.

We look forward to seeing you soon,

A/U Ranch Staff

Ranch Sessions & Banquet Dates

<table>
<thead>
<tr>
<th>Session 1:</th>
<th>Arrival</th>
<th>Final Day &amp; Banquet</th>
<th>Departure</th>
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<tr>
<td></td>
<td>June 18</td>
<td>July 1</td>
<td>July 2</td>
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<td>Session 2:</td>
<td>July 4</td>
<td>July 17</td>
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<td>Session 3:</td>
<td>July 20</td>
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<td>I-Week:</td>
<td>June 18</td>
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<td>July 20</td>
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<td>July 27</td>
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Additional Forms & Information

The following forms can be downloaded from our website: www.adventureunlimited.org/my-camp-info

1. Transportation Confirmation form
2. Important airport information
3. Care package links
4. Email Account link – instructions to set up purchase special feature email service account

Note: Camp Store information is within the new online registration form.

Table of Contents

- A/U Ranch Sessions & Banquet Dates ..................1
- Additional Forms & Information ......................1
- The Adventure Unlimited Purpose ....................1
- Goals ...........................................2
- Metaphysical Theme .................................2
- Parent Orientation Webinar .........................2
- Preparing for Camp ................................2
- Spiritual Preparedness, Practical Preparation & Training
- Healthcare While at A/U Ranches ..................2
- In the Case of an Emergency .........................3-4
- Important & Helpful Info ..........................4-5
- Bible Lesson Books, Modesty in Clothing, Bathing Suit Policy, Lost & Found, Laundry, Rental Items (Outcamp), Camp Store, Money & Valuables at Camp, Tuition Payment
- Communications to Parents .........................4
- Writing & Calling Campers .........................4-5
- Snail Mail, Care Packages, Email, Telephone Calls
- Driving Maps & Directions to the A/U Ranches ....5
- Travel Instructions ................................5-6
- Transportation Confirmation, Driving to the A/U Ranches & Map, Flying & Flight Times, Airport Arrival Instructions, A/U Shuttle Information, Cash for the Trip
- Join Us for Family Day at Camp ....................6-7
- Family Day Schedule & Dates .......................6-7
- Lodging in the Buena Vista Area ....................7
- Hotels, Motels & Lodges, Bed & Breakfasts
- What to Bring ....................................7
- Our Weather is Cool!, It’s All in the Layers!
- Mail & Web Ordering Companies ...................7
- Required Items for ALL Campers ..................8
- Items Required by Major ..........................9
- Contact Us ......................................10

The Adventure Unlimited Purpose

To provide inspiring recreational, leadership, service, educational, and social activities for Christian Scientists and their friends, which nurture healing and a sense of community, in an atmosphere conducive to practical reliance on Christian Science.
**Goals**

1. To insure that the “atmosphere conducive” is always present:
   a. Provide a “safe” environment where campers and adults can learn, grow and have fun together free from putdowns and ridicule.
   b. Provide a community of people free from false stimuli such as alcohol, tobacco, and drugs.
   c. Encourage friendship and a strong sense of family where all feel truly cared for and loved.

2. To insure that social and educational opportunities are available:
   a. Help campers better understand how supportive groups are formed and how they operate effectively to get the job done.
   b. Help campers make conscious self-improvement a daily goal.
   c. Provide campers the opportunity to use their unique talents in leadership situations.

3. To insure that opportunities for individual growth are available:
   a. Help campers develop a greater sense of their own personal worth and true potential.
   b. Help campers develop the self-confidence to live and demonstrate their relationship to God.
   c. Provide campers with a fresh start where they are not labeled and have no past record.
   d. Encourage campers to share ideas and provide time for campers to be heard.

4. To insure that recreational opportunities are available:
   a. Provide campers the opportunity to try activities not available at home.
   b. Teach campers life skills in a variety of recreational activities.

5. To insure that opportunities to serve are available:
   a. Help campers develop a greater awareness of the true potential of their fellow beings.
   b. Help campers be better equipped to improve their world through Christian living.

**Metaphysical Theme for 2015**

Each year as an organization we choose a metaphysical theme to provide a unified spiritual focus for all the activities taking place. This year the metaphysical theme is, “...seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.” – Matt. 6:33. We invite you to join us in cherishing this idea as the foundation for every experience at camp this summer.

**Preparing for Camp**

**Spiritual Preparedness**

Most important in preparing for camp is getting ready spiritually. Camp is a place where a camper’s spiritual beliefs, religious education, and personal experience come together in profound ways. When Cap and Marianne Andrews founded Adventure Unlimited, this passage from Mary Baker Eddy’s writings was a core to the camps’ purpose; “We live in an age of Love’s divine adventure to be All-in all.” (Miscellaneous Writings, p. 158) More than anything else, camp is about experiencing a genuine recognition of how Christian Science is practical and useful. In preparation for camp, we encourage you to study the Bible Lesson as a family and to talk with your children about what they want to focus on spiritually while at camp. If your children have concerns about camp, include them as you prayerfully address the concerns, including working with a practitioner. We would be happy to connect you with the camp practitioner for their session.

Thoughtful preparation will open the door to a deeply meaningful camp experience full of fun and adventure.

For parents, we ask you to join us daily in nurturing the wholeness and holiness of your camper while they are here.

**Practical Preparation & Training**

Along with your camper’s spiritual preparation for camp, it’s helpful to get physically ready for the hikes, rides, swimming*, or climbs they will be doing. Help them keep their training in the proper perspective of not trying to improve matter, but as a way to exercise spiritual qualities like dominion, strength, grace, endurance, balance and harmony.

*Note: all campers will be required to take a swim test.

**Healthcare While at the A/U Ranches**

If your child requires care from the Christian Science nurse, comes out of program for an extended period of time, or is working through a persistent challenge, a Camp Director will contact you, enabling you to be involved in your child’s care. The camp practitioner will stay on the case unless you or your child asks for another practitioner. For these reasons, it is important that you provide us with current contact information, especially if that information has changed since you filled out the camp application.

**In the Case of an Emergency**

If a camper is involved in an emergency situation that appears life threatening, Colorado law stipulates we provide medical care. The camp practitioner will also continue spiritual treatment since the medical care is mandated. You will, of course, be contacted immediately and will help guide A/U in providing the necessary care.

If you have any questions about Colorado law please contact Linda Kellogg-Clarke at the Ranch Office 888.543.4849.
Important & Helpful Info

Bible Lesson Books
Becoming familiar with our Pastor and learning how to mark our books is a wonderful opportunity at camp. We ask each camper to bring a set of books: Bible and Science & Health to camp so we can help teach campers about marking their books and having a relationship with their Pastor. E-book readers, while able to contain both books, don’t allow us to mark the lesson and will be collected and kept safely during camp.

Campers that arrive at camp without markable books can rent books from camp for $10 a session. We encourage you to check with local Reading Rooms and Sunday Schools to borrow books, if needed. Post-it type notes make inexpensive markers.

Campers are welcome to bring “My Bible Lesson” or the “Study Edition Bible Lesson” Quarterlies to keep with them in their backpacks and take on their trips.

Modesty in Clothing / Respect of Others
All clothing worn at the A/U Ranches, from swimsuits to dance outfits, needs to be modest in style and cut. Campers will be asked to change if their clothing is inappropriate or impractical for camp. Modesty in dress plays a part in having an environment where friendship and spiritual qualities, more than physical qualities and romantic relationships, are the focus.

We strive to uphold a standard of dress that expresses modesty in presentation and respect for others. We recognize that clothes fit everyone very differently. We ask parents and campers to be thoughtful about clothing items like tank tops, spaghetti straps, V-neck shirts, shorts, skirts, yoga pants, saggy pants. Please ensure clothes are appropriate for camp and not a distraction for others.

We do have a few clear guidelines: Shorts must be a length that is at least to your knuckles of a closed fist with your arms at your sides. Skirts and dresses must be at least to the ends of your fingers with an open hand. No cleavage. No bare bellies (except if swimming). Campers will be asked to change if their clothing is a distraction to others.

Bathing Suit Policy
Girls/Women: Appropriate swimwear would be board shorts or swimsuit shorts and a jog bra/athletic-type or tankini top, or a one-piece swimsuit. No bikini bottoms and string bikini/bra-type tops may be worn while at camp. This has to do with a desire for modesty in our camp setting and the athletic nature of our program activities.
Boys/Men: Board shorts or trunks (no Speedos).

If you have any questions about this policy, please feel free to call.

Lost & Found
Please label all personal items. A/U cannot be responsible for any lost or damaged items. Campers may want to bring a list of items they have brought to camp to help them when they re-pack for home. Taping this list inside the top of your child’s suitcase or attaching it to their bag will ensure it does not get lost while at camp. Even though A/U can’t be responsible for lost items, we want to help you recover items left or misplaced at camp.

In order to simplify our lost and found process, and to better reflect the actual cost of returning items left at camp, we will charge a flat fee of $15 for any item(s) you request to be returned. This rate includes the shipping and handling cost. Please email Joy Strickland (joy@adventureunlimited.org) as soon as you know you are missing items. We respond as soon as possible within the constraints of camp. Many lost items don’t appear until the end of the summer. We do take requests for items thru September. In October all remaining items will be donated to the local charity. Due to the tremendous amount of items left, we will not be able to contact you regarding found items, even if they are labeled.

Laundry
Campers pay a laundry charge of $13 to have their laundry done by the laundry service mid-session. If the load weighs over 12 pounds, you will be charged for a double load. Each camper’s wash is done as one load, not sorted by colors and whites. All items are put in the dryer on high heat. Keep this in mind while choosing what to pack. Additionally, campers staying for more than one session will do their own laundry in town, supervised by staff, between sessions for a cost of $6. Please be sure to send a laundry bag with draw-string closure, clearly labeled on the outside with the camper’s name. Please, no mesh bags.

For Sky Valley campers, laundry charges will be charged to their Camp Store account. For Round-Up campers, those without Camp Store accounts will pay to pick up their laundry.

NOTE: At Sky Valley, laundry goes out on the 7th day of camp and comes back on the 8th day (right before trips). At Round-Up, laundry goes out on the 8th day of camp (right after trips) and comes back on the 9th day.

Rental Items (Outcamp)
- Sleeping Bags: $10/session
- Backpacks: $10/session
- Sleeping Pad: no charge

If your child arrives at camp without the required clothing on the packing list, s/he may need to rent those items from Outcamp. Items may not be available! Campers will be charged for unreturned items. Campers will need cash or camp store credit for rental items.

Camp Store
The average camper spends approximately $75 in the Camp Store per session. This includes fees for laundry ($13-$26) and outcamp rental items ($10-$20), as described above. Sky Valley and Round-Up have separate Camp Stores which sell A/U souvenirs, clothing, cameras, sunscreen, stamps and other personal items. When you set up a charge account,
you should set limits (we suggest $75 minimum) per session, per camper. Round-Up campers may set up a charge account or use cash/checks. Please note that a charge account is the ONLY way for Sky Valley campers to pay for laundry, rent outcamp items (sleeping bag and backpack), and buy items at the store. Every Sky Valley camper will have a charge account. Please fill out the Camp Store form, which is located on our website. Store accounts will be billed to your credit card shortly after the session your child attended.

Money & Valuables at Camp
All travel money, wallets, and airline tickets will be collected upon arrival and will be kept secure for your child’s departure. Please remember, your camper needs meal money for the airport on both arrival and departure days!

Tuition Payment
Tuition is due prior to the start of camp. Payments and camp forms should NOT be sent with your child to camp, as they may be forgotten in the excitement of arrival day. Please call, write, email or fax us with the information (contact info is on the last page of this guide).

Communications to Parents
We strive to be in contact with you so that you are as up-to-date as possible on your child’s experience at camp. Please call the Camp Directors if you have questions at any time about your child’s experience. Here are the ways we will be in touch:

Parent Webinar: Twice in May we will host a phone-in webinar orientation to give you an overview of the camp experience. (The dates and times will be posted on our website and emailed to families with children enrolled in camp.)

Parent Information: Will be on our website prior to the start of camp; packets include letters from program counselors.

Phone Calls: Your child will call you when they arrive at the airport to notify you of their arrival and in between sessions if they’re staying over.

Letters: Your child will write at least two letters home during the session. Mail often takes a whole week to reach you, so be patient, please! One may even arrive after your child has come home.

Website: We update our website (www.adventureunlimited.org) with a picture of each bunkhouse and program after the first full day of camp, and then with “candid” shots from around camp throughout the session. Check back regularly.

After Session Packet: After the session has concluded, we will send a packet of information that will include Camper Notes—notes on your child’s participation in the bunkhouse and their major program area.

Writing & Calling Campers

Snail Mail
Address your letters and packages to:
   Camper’s Name
   Ranch (Sky Valley or Round-Up)
   A/U Ranches
   18325 County Rd. 366
   PO Box 2036
   Buena Vista, CO  81211-2036

Our address must be written in this order due to the electronic scanning equipment used for sorting and delivery. Mail to and from Buena Vista takes one week. Please keep this in mind when sending your mail to camp before your camper’s departure day and alert friends and family who may be sending mail.

Care Packages
Each camper may receive a maximum of one care package while at camp. Please coordinate among your family members who will be sending the care package. **Note:** care packages cannot contain food due to wildlife concerns. The A/U website has a special camp care package service for your convenience.

Email
We now offer two different ways to email your camper: Emails will be printed once a day, in the morning and delivered that day.

Option 1: Use the email service used in the past, with different pay packages which includes special features (send pictures, use different borders and fun stationary). On our website home page at www.adventureunlimited.org click on the “Camper Email” button and follow directions on the Email Account site to set up your account. *This service is offered by a private company.

Option 2: **New** - A free – simple text – email service through Adventure Unlimited. No special features would be available to you with this service. Send your emails to: camper@adventureunlimited.org In the subject line the following MUST be included to be sure it will be delivered to your camper: Camper’s first and last name, Session and Camp (RUR or SVR) they are attending.

Telephone Calls
In order to increase the quality of the camp experience, phones are not available to campers for incoming or outgoing calls during the camp sessions. Our experience has been that campers who spend time on the phone with family and friends have a more difficult time focusing on the opportunities at hand, and adjusting to the camp environment.

If your camper is flying and/or staying between sessions, be certain to send them with a cell phone. Upon their arrival at the airport, a counselor will call you to let you know your child is with our staff. Campers who stay for more than one session will also call home between sessions. Cell phones will be kept with the Camp Directors during camp and returned on departure day (see p. 9).
If there is a situation that can’t wait until after camp that you feel warrants communication with your child, please call the Ranch office to set up a time to talk with your child. As always, we will contact you if there is a situation that warrants your attention (such as an illness or injury).

**Travel Instructions**

**Transportation Confirmation**

As soon as you have made your travel arrangements, please fill out the Transportation Confirmation Form, which is located on our website. You will need to download and print this form. Please fax, email or mail the completed form to the Ranch, **even if you are driving**. We need to account for every camper’s arrival and departure.

>> Your child is not confirmed for camp until this is received.

**Driving to the A/U Ranches**

Please plan to arrive between 2:00 PM and 5:00 PM on the first day of the camp session. (Counselors will not be available before 2:00 PM.) Drive-away departures should be between 7:00 AM and 8:00 AM on the last day of the camp session. All parents/guardians must check in and out at the office. If your child will be departing by car with a family that is not his/her own, please mail or fax a permission slip with your (the child’s parent/guardian) name and signature.

When you arrive at the A/U Ranches on the first day, please check in at the office (The Hub - follow the signs as you come onto the property). Full-time staff will welcome you and get your child situated into the right place. If you arrive earlier than 2:00 PM, enjoy some of the many points of interest near the A/U Ranches. In downtown Buena Vista there is the River Park, South Main, and many gift shops and restaurants, as well as hiking trails along the river. Leadville, a historic mining town 40 miles north of A/U, has many fun activities suitable for all ages. Salida, a town about 40 miles south of A/U, is a thriving artist community with galleries, good restaurants, and a state park. Call the Colorado Tourism Board at 800.433.2656 or the Buena Vista Chamber of Commerce at 719.395.6612 for more information.

**Flying & Flight Times**

Campers fly in and out of Denver International Airport (DEN).

**Arriving Flights:** should be scheduled to arrive between 8:00 AM and 12:00 PM (noon) on the first day of the camp session. If your camper is booked on a flight that lands after noon, depending on the availability of staff, we may be able to provide transportation for an additional $100 fee.

**Departing Flights:** should be scheduled to depart between 12:30 PM and 4:00 PM on the last day of the camp session. Because of the travel time necessary to get to the airports and negotiate security check-in procedures, we are unable to make flights scheduled earlier. If you book a flight that departs after 4:00 PM, you will be charged an additional $100 fee. (Our staff has a long drive back to the A/U Ranches and they don’t leave the airport until every Sky Valley camper is on their plane.)

>> Departure for Round-Up Campers: our staff will check campers in, and take them to Security, at which point they will go to the terminal and gate. Teens will be given a list of staff phone numbers for help, if needed, and are asked to call the staff when they have arrived at their gate. Denver staff will be available to help campers if flights are significantly delayed or canceled. If your teens are not comfortable going

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**Driving Maps to the A/U Ranches**

Directions from Denver International Airport to Buena Vista:

- Exit the Airport on Pena Blvd
- Take I-70 West
- Exit on to C470 (towards 285)
- Exist onto 285 (towards Fairplay)
- Turn right after Johnson Village at 285/24 intersection towards Buena Vista
- Go through Buena Vista to County Rd 384 and turn left (at big yellow Jumpin Goats Dairy sign)
- Then go to the first (and only) stop (CR361) and turn right. A/U is the very next left. You will see the cross bar over the drive to the Ranches. Follow the signs to the Hub/Ranch office (approx. 2 miles from the gate) to check in.
to the gate alone, we can have a staff member take them. Please call the camp office before booking your tickets if the flight times present a problem for you.

**Departing Flights for 1-Week Sessions**: should be scheduled to depart between 12:30 PM and 4:00 PM.

**Peak Travel Experience**

Peak is a travel agency in Buena Vista, CO. They have the A/U camp dates and can help book your flights and coordinate your camper to get on the same flights as other A/U campers, possibly even seated together. They will do their best to find an affordable rate. Please call them at 719.395.8677 (x403, Sue or email sue@peakexperiencetravel.com) and identify yourself as an A/U participant.

**Airport Arrival Instructions**

1. Please have your camper wear an A/U T-shirt or sweatshirt, if they have one.

2. If your child is flying as an “unaccompanied minor,” use the name of Joy Strickland (at the A/U Ranches address) as the pick-up contact on the airline’s form. Please pay the unaccompanied minor fee for both trips when you buy your ticket or at the ticket counter when you check your child in.

3. When arranging flights for your child on an airline that charges for checked luggage, please prepay for return flight(s) as well.

4. **All Sky Valley Campers**, regardless of age, will be met at the gate by an A/U staff member unless they are traveling with a Round-Up camper and we have your permission for them to proceed to the escalator to meet our staff. A/U staff will be wearing A/U shirts. Ask your child to approach and identify themselves to the staff member when they walk off the plane. If, for some reason, they do not see the staff at the gate, instruct them to stay at the gate and sit in the gate area facing the hallway—someone will be there to meet them.

5. **Round-Up Campers** are not be picked up at their gate unless a specific request is made or they are travelling with younger campers.

Please have your teen carry a cellphone, and list their cellphone number on the A/U Transportation Form which can be downloaded from our website. (See “Airport Arrival Instructions” for more information.)

6. **Round-Up Camper Instructions upon Arrival.** After exiting the plane, follow signs to Baggage Claim/Main Terminal. Take an escalator down to the underground train. Take the train to the last stop - “Baggage Claim/Main Terminal”. After exiting the train, go up the escalator to the Main Terminal and look for an Adventure Unlimited staff member. Once you have checked in with our staff and collected your luggage, the group will congregate near baggage carousel #19 in the northwest corner of the main terminal.

**A/U Shuttle Information**

Charges for use of the A/U airport shuttle need to be paid by credit card or check when you submit the Transportation Confirmation form. The cost of the shuttle for flights booked within the Flight Times are as follows:

- $55 for a one-way trip
- $95 for a round-trip

**Cash for the Trip**

It’s a 3-1/2 hour ride between the Denver airport and the A/U Ranches. Campers should bring money for a fast-food lunch on arrival and departure days. International travelers should bring additional money to cover meals during their extended travel days.

**Join Us for Family Day at Camp**

*Bring the family and join us for the final day of camp*

As the family and friends of a camper, you are invited to be our guest for the final day of camp. We have a full day of activities to enjoy.

At the end of each session, we hold several Culminating Activities to highlight the skills development and growth of the campers in their major areas. We have held the Rodeo as a culmination for the corral campers for many years and will continue with this tradition. For the Sky Valley mountain and waterfront programs, we have a Mountain Madness event highlighting – swimming, running, low ropes course, rock climbing and canoeing. Kids of every age level are combined into teams and then compete in this relay event with different campers completing different legs of the event. For Round-Up mountain majors we have been developing different Camper Adventure Races which involve running, mountain biking and climbing. We encourage parents to join us for the last day of camp to see the accomplishments of the campers in these different culminating events and attend the final banquet and awards night.

It’s a special time to share in your child(ren)’s accomplishments and meet their counselors and friends.

**Family Day Schedule & Dates**

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<th>Session 1:</th>
<th>Session 2:</th>
<th>Session 3:</th>
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<tr>
<td>July 1</td>
<td>July 17</td>
<td>August 2</td>
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<tr>
<td>10 AM</td>
<td>Final Rodeo @ Rodeo Arena</td>
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<tr>
<td>12:30 - 1:15 PM</td>
<td>Lunch for Families and Guests @ Wlyy</td>
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<tr>
<td>1:30 PM</td>
<td>Mountain Madness Start @ Wyly</td>
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<tr>
<td>3:00 - 4:00 PM</td>
<td>Refreshments and Visiting with Exec Staff @ Wyly</td>
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<tr>
<td>5:20 PM</td>
<td>Flag Retreat and Sharing Gratitude @ Sky Valley Flag Pole and Fire Ring</td>
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<tr>
<td>5:50 PM</td>
<td>Flag Retreat and Sharing Gratitude @ Round-Up Flag Pole and Fire Ring</td>
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Banquet dinner, parents reception, slide shows and final presentations at both Camps following flag retreat.
After the Camp festivities with the campers, you are invited to a special reception to visit with A/U's Executive Director and Ranch Director before heading into Buena Vista for overnight lodging. We're sorry there are no accommodations available at the A/U Ranches for overnight lodging after the banquet, but there are several hotels and B & B's in the area.

We look forward to meeting you and spending this special evening together. Please make your plans now to join us; making reservations at area hotels early is a good idea as they can fill by mid-spring for the summer season. There is no fee for attending these events and meals. PLEASE RSVP so we can count you in for meals. We will email you the link to the reservation form as the time gets nearer. We need to know the names of those attending and at which ranch you will be joining your child for dinner.

Arrival time for the banquet begins at 5 PM - the evening activities start with flag retreat at each camp. Check in at the office when you arrive. More information on the banquet will be included in the parent information posted online prior to the start of your camper's session.

Bring water and dress in layers so that you will be comfortable if it's windy or hot. You'll have plenty of time to head back to your hotel to freshen up before the 5:00 PM arrival time for the banquet, which is a more formal affair.

Lodging in the Buena Vista Area

**Hotels, Motels & Lodges**

**Best Western Vista Inn** – 800.809.3495 / 719.395.8009
Includes breakfast, non-smoking rooms, indoor pool, hot tubs, pets ok.

**Super 8 Motel** – 719.395.8888
Includes breakfast, non-smoking rooms, indoor pool & hot tub.

**Pinon Court Motel** – 719.395.2433
Kitchen, non-smoking rooms, pets ok.

**Thunder Lodge** – 719.395.2245
Kitchen, non-smoking rooms, pets ok.

**Bed & Breakfasts**

**Forest Creek Cabins** – 719.395.4819
Private bath, owned & operated by A/U alumnus.

**Liar's Lodge** – 719.395.3444
Private bath, some rooms good for families, some rooms have jacuzzis.

**A Bed on the Arkansas** – 719.395.2528
Private bath.

**Hahns Haven** – 719.395.8432
Private bath or shared bath, children of all ages ok, pets ok.

**Buffalo Peaks B&B** – 719.395.3313
Private bath, wireless and full breakfast.

There are many more hotels and B&B's in Salida, about 40 minutes to our south, and Leadville, about 40 minutes to our north. You can call the Chaffee County Lodging Association (covers Buena Vista and Salida) at 719.539.8822 for more information and suggestions.

**What to Bring**

**OUR WEATHER IS COOL!**

Bringing the proper clothing to camp is crucial. The mountain environment where we are located and the surrounding peaks are characterized by changeable weather conditions. In general, nighttime temperatures are a cool 40's to low 50's. The daytime highs can range from the 60's to low 90's, but most typically top out at about 80-85. The air tends to be very dry, but regular afternoon thunderstorms do occur. It can also snow any time in the high mountains. Our clothing list takes into consideration ALL the weather conditions you may be exposed to at camp.

**IT'S ALL IN THE LAYERS!**

When gearing up for being in the back country, it's best to understand the importance of the clothing “layering” principle. Simply put, dressing in several light layers rather than one heavy layer allows more flexibility as the weather and activity change. Wool, polar fleece, polypropylene, and Capilene insulate when wet. Cotton does not. Synthetics are more comfortable than wool next to the skin. Some of you live where you won’t use these layers at home, but every item really is necessary at camp.

Do not feel that you must buy all your child’s gear at camping stores. Thrift shops, Goodwill, and Army/Navy surplus stores can be excellent sources for many of the items on the list. Please call us with any questions you have regarding gear.

**Mail & Web Ordering Companies**

**REI** – www.rei.com
**EMS** – www.emsonline.com
**Patagonia** – www.patagonia.com
**The North Face** – www.thenorthface.com
**Campmor** – www.campmor.com
**L.L. Bean** – www.llbean.com
**Woolrich** – www.woolrich.com
**Mountain Hardware** – www.mountainhardware.com
**Northwest River Supplies** – www.nrsweb.com
**Colorado Kayak Supply** – www.coloradokayak.com
**Sierra Trading Post** – www.sierratradingpost.com
Required Items for ALL Campers
Items marked with an asterisk (*) are available for purchase from the camp store.

PERSONAL ITEMS
- 1 Bible and Science & Health Markable with markers; chalk available at camp to remark books mid-session
- 1 laundry bag With draw-string closure, name clearly printed on bag (not mesh)
- 1+ disposable camera(s) Or “real” cameras to use at camp (cell phones are collected first night not returned until end of session)
- 1 ice cream money RUR campers only – $5 is plenty
- 1 daypack Use in camp for items needed during the day
- 2 water bottles* 32 oz with screw top lid
- 1 flashlight* or headlamp Small, camping size, with extra batteries
- 2 home letters Pre-addressed, stamped envelopes or postcards/stationery with stamps and pen/pencil
- 1 toiletry kit Toothbrush, toothpaste, soap, comb
- 1 lip balm* Minimum 10 SPF sun protection
- 1 sunscreen* Minimum 30 SPF sun protection
- 1 hand/body lotion
- 1 shampoo, conditioner
- 2 bandanas*
- 1 pair sunglasses With keeper strap
- 1 packing list To make sure you get it all back home!

BEDDING/BATH (A/U will provide: • Pillow • Blankets • Mattress pad)
- 2 washcloths
- 2 towels If in Waterfront or Rafting an extra (3rd) towel is recommended.
- 1 sheet set Twin; 1 each, fitted and flat, or 2 reg. flats
- 1 pillowcase
- 1 sleeping bag Down or synthetic – rated warm to 20°F (can be rented from A/U for $10)

NOTE: All campers need a sleeping bag on the overnight trip. If brought from home, we will be sure it is adequate to keep your child warm; if not, they will need to rent one. Camping pad can be borrowed from A/U at no charge.

CLOTHING
- 3 cotton pants Jeans or other pants
- 4 shorts At least one pair should be quick drying or synthetic
- 1 swimsuit(s) Quick-drying synthetic – must be compliant with Bathing Suit Policy (see p. 3) (if in waterfront or rafting at least 2 swimsuits)
- 8-10 cotton t-shirts*
- 1 sweatshirt* Wool, fleece, cotton blend
- 1 fleece vest (Optional)
- 1 lightweight jacket Fleece or wool sweater
- 1 warm jacket Fleece or synthetic fill
- 2 long-sleeve shirts* Cotton okay
- 1 long underwear Light or medium-weigh top & bottom – thermal Polyester/Capilene/Thermax, silk or similar – NOT COTTON
- 10 underwear
- 8 pair cotton socks
- 4 pair warm socks Wool or poly blend (no cotton – Smartwool is a good brand name)
- 1 pair pajamas
- 1 rain jacket or poncho Waterproof (not water repellent); poncho must be of Army/Navy surplus quality
- 1 rain/wind pants Nylon or gortex
- 1 baseball-style cap* To keep sun off the face
- 1 warm hat Wool or fleece, for chilly evenings
- 1 pair gloves Wool or fleece
- 1 nice outfit For banquet

FOOTWEAR
- 1 athletic shoes Running or tennis-style
- 1 slippers, clogs To wear around the cabin
- 1 river sandals or water shoes Teva, Chaco brand sandals or water shoes
Please Do NOT Bring:

- **E-Book Readers**: Please do not send e-book readers for your campers to use in the cabin for pleasure reading. They will be collected with electronics on the first night, stored safely away and returned before heading home.

- **Large knives or weapons**: Small pocket knives with a maximum blade length of 3 inches are allowed (remember don’t bring them in your plane carry-on!); larger knives, numchucks, etc. will be collected and sent home COD.

- **Fireworks**: Will be taken and not returned.

Please Note: Gum, radios, cell phones, MP3 players, iPods, electronic games, or electronics of any type brought for plane trips will be locked up for the duration of the camper’s stay at A/U and returned before departure day.

**Items Required by Major** *(Items are in addition to required items listed on page 8)*

**Buckaroos & Horsemanship (SVR & RUR)**
- 1 pair riding boots Required for safety, no exceptions – One inch heel, smooth (no lug) sole
- 3+ pairs riding jeans
- 1 poncho or long rain slicker Must be of Army/Navy surplus quality
- 1 Western-style shirt To wear on Rodeo Day (Optional)
- 1 cowboy hat (Optional)
- 1 pair white jeans ONLY for RUR campers in Polocrosse – need for tournament

**Waterfront & Rafting**
- 1 waterproof sunscreen SPF 50 or higher
- 2 swimsuits
- 1 beach/large towel In addition to two towels from required list
- 1 long underwear shirt Wool or fleece to be worn on the river – NOT COTTON
- 1 paddle jacket (Optional)

**Mountaineering (Explorers, Mountaineers, Challengers, Challenger Outcamp, Mosaics & Conquerors)**
- 1 fleece jacket
- 1 rain jacket
- 1 rain pants
- 1 hiking boots Can be leather, synthetic or a combination
- 1 backpack (Optional) can rent from A/U for $10
- 2 pair liner socks Synthetic, no seams along top of toes
- 1 add’l long underwear Top & bottom-not cotton
- 1 pair gaiters Not required for Explorers (optional)
- 1 pair hiking pants Not cotton
- 1 swimsuits Challenger swim

**Kayaking**
- 1 beach/large towel In addition to two towels from required list
- 1 pair shorts Quick-drying, swimsuit style
- 1 long underwear top Additional, non-cotton base layer
- 1 paddle jacket Or dry top – Stohlquist, Patagonia, Kokotat, etc.
- 1 pair kayak booties Water sandals aren’t appropriate for kayakers

**Mountain Biking**
- 1 mountain bike & helmet Can be rented from A/U for $75
- 1 bike shorts
- 1 hydration system Camelbak brand or comparable
- 1+ water bottle(s) To have on bikes
- 1 biking gloves (Optional)

**Optional Items to Bring:**
- Climbing shoes
- Soccer cleats
- Camera
- Musical instruments
- Camping chair (Crazy Creek)
- Pocket Knife (max blade length 3”)
- Skateboard (helmet required*)
- Flip-Flops (shower)
- Ziplock bag (sunncreen)
- Bug Spray
- Gaiters

*We have skateboarding areas at both Sky Valley and Round-Up for free-time activity fun. Bring your skateboard and helmet – wearing a helmet is required.
Contact Us

Visit Our Website
It’s a great place to find out what’s going on, get an extra “what to bring list,” and info about A/U and DiscoveryBound activities in your area:

www.adventureunlimited.org

During the summer, we will load photos of camp onto the site so parents, family and friends can see what’s happening.

Give Us a Call
After looking through this guide, if you have any questions, please don’t hesitate to call us. We can be reached at:

888.543.4849

We’re looking forward to seeing your child soon!

Adventure Unlimited Ranches
– A Division of Adventure Unlimited –

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All or part of this operation is conducted on Public lands under a Special Recreation Permit from the Department of the Interior BLM.